

East Midlands ACCS Teaching Programme

August 2023 – July 2025

Introduction:

Acute Care Common Stem (ACCS) core training is a two-year period which comprises formal training in Anaesthesia, Emergency Medicine, General Internal Medicine (Acute Medicine) and Intensive Care Medicine. The ACCS curriculum is based on the training curricula for these four specialties.

ACCS EM trainees go on to do a further CT3 year in Emergency Medicine/Paediatric Emergency Medicine. At the end of the CT2 year Acute Medicine and Anaesthetics track trainees rotate into core training programmes in their respective specialities.

The teaching programme is aimed at cross speciality ACCS trainees. There is agreement in the ACCS board to release ACCS trainees in all departments to attend teaching. The ACCS Teaching Programme is based on the range of competencies as identified in the January 2021 ACCS Curriculum.

Teaching topics:

The ACCS curriculum provides a comprehensive list of underpinning knowledge, technical skills and non-technical (behavioural) skills, grouped together into broad subject areas. Those considered relevant to ACCS core training are listed in the table. Although a wide range of teaching and learning environments are used to develop competences across these topic areas, the aim of the ACCS Teaching Programme is to provide a monthly topic-focused group teaching opportunity for ACCS trainees to support their training and development within the ACCS programme.

Teaching programme:

Each ACCS Group Teaching Programme Session is led by a Consultant. The programme comprises a series of 3 hour group teaching sessions which take place between 1 and 4 pm on Tuesday afternoons once a month across teaching hospitals in the east midlands (south). Due to COVID 19 related restrictions, this will be done, as much as possible, using remote working platforms.

Each session is based on the specific objectives and competences related to ACCS training and as defined in (and limited by) the 2021 ACCS Curriculum. Each group teaching session will provide:

- A contextual overview of the underpinning knowledge, technical skills and non-technical (behavioural) skills relevant to that ACCS topic area
- A framework for learning and study
- A reminder of the required competences and how they can be achieved and demonstrated a discussion of any particularly complex or difficult aspects within the topic area.

Teaching Rules:

You will be expected to have completed all of the tasks on the ACCS EM3 section or another sign-posted learning resource prior to attending the face to face teaching session.

- If you are not on AL then you must attend teaching. Please ensure you book study leave on the LETB system for this.
- Face to Face Teaching (on virtual platforms) will be from 1-4pm monthly (see timetable below). This will be recorded for you ES and TPD
- Please reflect on the ACCS teaching sessions, complete the feedback forms on EM3 and make an entry into your e portfolio
- If you are delivering teaching-You must liaise with the supervising Consultant 3 weeks before to ensure good quality educational content and planning of the session.
- Please get the supervising Consultant to complete the teaching assessment tool on your ePortfolio or on paper if you are delivering the teaching session

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Date	Topic	Supervising Venue	Responsible Consultant	Specialty tutor
8 th Aug 2023	ACCS Induction (New ACCS ST1's to attend ONLY)	LRI – Microsoft Teams	David Shearn/Vivek Pillai	
12 th Sep 2023	Abdominal pain including loin pain, Abdominal swelling, mass and constipation	QMC		
10 th Oct 2023	Complaints and medical error; principles of quality and safety improvement	RDH		
14 th Nov 2023	Palpitations inc. basic cardiology and ECG interpretation, Arrhythmia Management	KGH		
12 th Dec 2023	Chest pain, Cyanosis and shortness of breath, cough	KMH		
9 th Jan 2024	Vomiting, Diarrhoea, Pelvic pain, vaginal bleeding	NGH	Jamie Sillett	
13 th Feb 2024	Blackouts and Collapse, syncope and Pre-syncope, Fits and seizures	LCH		
12 th March 2024	Fever(adults and children), painful ear, sore throat, Dizziness and Vertigo	RDH		
9 th April 2024	Unconscious patient, Haematemesis, Malaena	NGH	Jamie Sillett	
14 th May 2024	Limb pain and swelling (atraumatic), Traumatic limb and joint injuries	KMH		
11 th June 2024	USS Full Day Teaching	LRI		
9 th July 2024	Major Trauma/Practical Procedures	QMC/LRI		

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13 th Aug 2024	ACCS Inductions (New ACCS ST1's to attend ONLY)	LRI – Microsoft Teams	David Shearn/Vivek Pillai	
10 th Sep 2024	Red eye (plus visual loss, ocular trauma)	KGH		
8 th Oct 2024	Headache; Confusion, Acute delirium	LCH		
12 th Nov 2024	Oliguric patient and jaundice	RDH		
10 th Dec 2024	Suicidal ideation; Poisoning; Aggressive/disturbed behavior; Mental Health	NGH		
14 th Jan 2025	Simulation Day	QMC		
11 th Feb 2025	Weakness and paralysis; Falls.	KGH		
11 th Mar 2025	Rash; Wound assessment and management	NGH		
8 th April 2025	Shocked patient (incl. aspects of Anaphylaxis; Major Trauma; Sepsis)	KMH		
13 th May 2025	Principles of medical ethics and confidentiality; Valid consent; Legal Framework for practice	RDH		
10 th Jun 2025	USS Full Day Teaching	LRI		
8 th Jul 2025	Major Trauma/Practical Procedures	QMC/LRI		