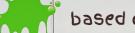
Constipation in Kids

by Dr Carl Leith van Heyningen



based on NICE guidance for children over 1 year

Anal bleeding?

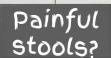
LOW appetite?

Rabbit dropping stools?

> Soiling leakage?

Identifying symptoms





Less than 3 stools? (per week)

Anal pain or fissure?

Retentive posture?

Large stools?

Abdo painz

Red flags on history?

Constipation in the first few weeks Abnormal growth or development

Abdo distension with vomit

Ribbon stools

Red flag? Abnormal exam?

Normal Examination?

- General appearance
 - Check gait
- Inspect anus, sacrum, buttocks, spine and skin
- Palpate the abdomen
- Check lower limb tone, power & reflexes



TREAT

refer to generalist

DO NOT TREAT refer to a

specialist

5% of cases